



January Newsletter

Karuna Care Services

INNOVATION & EXPANSION

We took important steps toward program innovation and expansion. Early elements of our Community Life Skills programming were successfully piloted, behavior services were fully embedded into our day program, and a strong operational foundation was built to support future growth into new service areas.

2 BCBA HIRED

With the support of the Behavior Program, we expanded our clinical capacity by hiring a Director of Behavior Services and welcoming a second BCBA. **As of December 1, 2025, KCS proudly supports 25 behavior clients** with a growing team of two BCBAs and two Direct Behavior Support Professionals, serving clients both within and beyond our day program.

1ST KCS ANNUAL FOOD DRIVE



Meagan stepped into the role of Marketing and Intake Manager and made an immediate community impact, partnering with local businesses to collect over 2,000 pounds of food donations during Thanksgiving.

COMMUNITY IMPACT

As we reflect on 2025, we are proud to celebrate a year of meaningful growth, innovation, and community impact at KCS. This year, we **increased our program capacity by 61%** while continuing to prioritize person-centered supports, ensuring that growth never came at the expense of quality or care. Our strong reputation within the community remained evident through continued referrals and positive feedback from partners, alongside an improved financial position that strengthens our long-term sustainability.

CLIENT GROWTH AND TEAM EXPANSION



KCS welcomed **18 new clients, bringing our total to 73 individuals served.** We expanded our leadership and direct service teams by welcoming Ashley, Alli, and Luna as new Residential Case Managers, and celebrating Michelle's transition into the Lead Residential Case Manager role, where she is building our Independent Living program and creating mentorship pathways for clients pursuing greater independence.

None of this would be possible without the dedication and commitment of our incredible team. Together, we navigated a year of growth and change and built strong momentum. As we look ahead to 2026, we're excited about what's ahead. Watch this space for exciting announcements!

ANOTHER YEAR

2026

Leading The Way & KCS Holiday Party

Our team had a wonderful time celebrating the holiday season together! We kicked off the day with our Leading the Way training, then wrapped up with a festive afternoon holiday party. The celebration included a waffle and hot chocolate bar, a cookie exchange, and a fun photo booth. A special thank-you to Caballero Photography for capturing candid moments of our team enjoying the day together!



COOKING CLASS

I hope you had a wonderful holiday season! I'm excited to share that Cooking Group will be back in session starting this Monday, **January 5, from 5:00–7:00pm.**



**Natural Grocers 2685 Pearl St
Boulder, CO 80302 (Same
location as before)**

To make sure everyone has a chance to put those cooking skills to use, we'll be **limiting the group size to six participants each week.**

To register for cooking class, please reach out
out
heather.thomas@karunacareservices.com

TRAINING SCHEDULE

- First Aid/CPR – January 13th from 10–12:30pm
- QMAP – January 22nd from 10–2pm
- SCM Refresher – January 20th from 10–1:00pm
- Practice Session – January 15th from 12–3pm

Please reach out to Robyn Weinstein for questions and registration at Robyn.weinstein@karunacareservices.com

If Monday's cooking class fills up, we are tentatively planning a second cooking class for Wednesday evenings from 5–7 at the same location and will make an announcement if we add this second class.